

Meals For 1 Year

	1 Person	2 People	3 People	4 People	5 People	6 People
Breakfast	365	730	1,095	1,460	1,825	2,190
Main Meals	730	1,460	2,190	2,920	3,650	4,380
Side Dishes	730	1,460	2,190	2,920	3,650	4,380
Fruits	365	730	1,095	1,460	1,825	2,190
Total Meals	2,190	4,380	6,570	8,760	10,950	13,140
Pint Jars	730	1,460	2,190	2,920	3,650	4,380